

Basic Emergency Kit

- Water - One gallon per person per day for at least seven days, preferably longer
- Food - Seven-day to three week supply of non-perishable food for your family and your pets/animals (Remember a can opener)
- Change of warm clothing and shoes, hard hat and gloves
- Plastic sheeting/tarp and duct tape to shelter in place
- First aid kit
- NOAA Weather or All Hazard radio with tone alert and extra batteries
- Flashlight and extra batteries
- Moist wipes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Prescription medications, extra glasses

Additional items to consider: extra water, cash, important documents, chlorine bleach with medicine dropper for treating water, fire extinguisher, matches, paper plates and cups, paper towels, games, tool kit, and an out of state phone number that family members can call to leave messages.

Survival in Isolation

The isolation of Lummi Island

is a major problem when the ferry is out of service or power is unavailable for several weeks.

The Lummi Island Volunteer Fire Department is our local emergency responder. In a disaster, they will be the emergency responder only after they have secured their own families and homes. The Fire Department must then triage the threat to life and property throughout the Island. The Fire Department may not be immediately available to attend to an individual need.

The Disaster Preparedness Committee has identified the Map Your Neighborhood program as a good tool that can be customized for each neighborhood's needs. The MYN program increases the level of preparedness in our community and assists the Island Fire Department in community triage, allowing them to respond and address individual needs sooner.

A MURS communication system has been established for the Island. See map at the Island Library for contact person nearest you.

The Disaster Preparedness Committee has also assisted in identifying emergency shelters and resources, and will continue arranging appropriate community training.

What Can You Do?

1. Get Prepared
2. Get Involved
3. Know Your Neighborhood
(Join the MYN program)

You Need To Protect:

Your Self

Know what the potential hazards are and how to protect against them.

Your Family

Learn skills to take care of family members.

Your Property

Manage utilities. Extinguish small fires.

How Can You Do That?

- Be a skilled survivor.
- Check On Your Neighbors.
- Stay informed of impending threats.
- Take CPR and disaster first aid training.
- Take a Community Emergency Response Team (CERT) course.
- Support efforts to make Lummi Island a safer, more prepared community.

Contact the following organizations for more information about emergency preparedness, including lists and plans. Many of these sites provide additional resources for online training and classroom learning.

Whatcom Unified Emergency Management
www.whatcomready.org

Washington State
Emergency Preparedness,
Emergency Management Division
[www.mil.wa.gov/
emergency-management-division](http://www.mil.wa.gov/emergency-management-division)

Federal Emergency Management Agency
www.ready.gov/are-you-ready-guide

American Red Cross
www.redcross.org/prepare

Lummi Island Fire Department
www.lummiislandfire.com

Brochure

Lummi Island Disaster Preparedness Committee
Sponsored by FOIL - Friends of Island Library
Lummi Island aerial photograph by Carl Hansen, used by permission
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Whatcom County Association of Fire Chiefs
215 4th Street
Lynden, WA 98264

Disaster Preparedness

Survival in Isolation

Prepare to Shelter at Home

Lummi Island
Washington